

**Friday, March 15, 2019 7:30 AM - 9:30 AM**

**Kevin M. Sims, D.M.D., M.S.**

***Tissue Preservation & Maintenance in Immediate Implant Therapy to Optimize Gingival Architecture and Esthetics***



Dr. Kevin M. Sims was born in North Dakota but raised in southern California and southern Nevada. He attended the University of Nevada-Las Vegas and Idaho State University where he received degrees in Radiology Technology and Pharmacy. Dr. Sims practiced for several years first as a radiological technologist then as a critical care pharmacist in several hospitals in Nevada, Idaho and Alabama. Dr. Sims graduated from the University of Alabama at Birmingham (UAB) School of Dentistry in 1994. He then completed a three-year residency program in Periodontics at UAB, receiving his Masters of Science in Oral Biology as well. Dr. Sims professional credentials include: Masters of Science in Oral Biology from the University of Alabama at Birmingham; Diplomate of the American Board of Periodontology; First Distinguished Young Alumni Award recipient of UAB School of Dentistry; Fellow of the American College of Dentists; Dr. Sims professional activities and community involvement includes: the Birmingham District Dental Society and has served as the Continuing Education Program Chairman; Was appointed to the Peer Review Committee and the Executive Council; Is a faculty member of the Alabama Dental Hygiene Program, instructing the dental hygiene students in pharmacology; Served a five year term on the American Dental Association Test Construction Committee writing test questions in the periodontal and implantology disciplines for the National Dental Boards; Holds the academic rank of Clinical Associate Professor at UAB School of Dentistry, Department of Periodontics. Most recently Dr. Sims was asked to serve on the Dean's Council for the UAB School of Dentistry. Dr. Sims professional affiliations are the American Dental Association, American Academy of Periodontology, Alabama Dental Association, Birmingham District Dental Society, Alabama Society of Periodontists, Southern Academy of Periodontology and American College of Dentists.

The provisional restoration phase is one of the most critical steps in managing immediate, fresh socket implants to create the desired esthetic result. I will discuss the concepts and techniques to provide long lasting esthetics in a highly challenging procedure".

**Friday, March 15, 2019 4:30 PM - 6:30 PM**

**Pamela J. Sims, Pharm.D., Ph.D.**

***The Opioid Epidemic: Recommendations for Managing Dental Pain***



Pamela Sims, recently retired as Professor of Pharmacokinetics in the Department of Pharmaceutical, Social and Administrative Sciences at Samford University McWhorter School of Pharmacy (SUMSOP). Dr. Sims earned her B.S. Pharmacy from the University of Florida, her Doctor of Pharmacy degree from Mercer University and her Ph.D. in Pharmaceutical Sciences from the University of Colorado at Boulder (CU). Prior to Samford, she served on the faculty of Idaho State University (ISU). Dr. Sims holds a faculty appointment in the University of Alabama at Birmingham (UAB) School of Dentistry Department of Pediatrics. She provides courses and lectures in Pharmacology to the Post-doctoral Dental Residents and a Part II Board Review in Pharmacology to fourth year Dental students. Dr. Sims also coordinates and teaches in a pharmacology course for the Nurse Anesthesia program at Samford University. Dr. Sims publishes and lectures nationally and internationally concerning topics on Dental Pharmacology, Clinical Pharmacokinetics, Clinical Pharmacology and Pedagogy.

Opioid drug abuse is considered a national crisis. It is important for the dental team to understand the factors contributing to opioid abuse, the kinds of opioids currently abused and the pharmacologic and toxicologic effects of those commonly abused opioids. It is also important for the dental team to understand how to manage dental pain to reduce opioid use and abuse. Furthermore, the dental team must understand how to care for a patient who is recovering from opioid abuse or addiction. The dental team must also be aware of and able to detect patients who may be seeking drugs for abuse or misuse. Dr. Sims will review the common opioids of abuse and those drugs' effects on oral health and dental treatment. She will provide guidance for treating patients to reduce opioid exposure and those who are recovering from drug abuse.

**Saturday, March 16, 2019 7:30 AM - 9:30 AM**

**Stephen Abrams, Financial Representative,**  
**Doctors Disability Specialist, Living Legacy Financial Group, Inc.**  
***Navigating Through the Salient Pitfalls of Protecting Your Most Valuable Asset***



Stephen Abrams has 10 years of experience in the financial services industry, and was brought in as a partner at Doctors Disability Specialists in 2015. The DDS team focuses exclusively on helping dentists, and along with co-founder, Tyler DeStefano, Stephen has helped to build Doctors Disability Specialists to over 2,000 dentist clients in all 50 states. They are experts in disability insurance planning, both personally and for dental practices, and Stephen also specializes in life insurance and retirement planning. He graduated from George Washington University in 2009 with honors, and Stephen is currently completing his MBA from Babson College in May 2019. When he is not working, you can find Stephen snowboarding, playing softball, and cheering on his hometown sports teams, the Pirates, Penguins and Steelers.

Whether it is a person's hands, back, or eyesight, a doctor's ability to earn an income is their most valuable asset. Disability insurance can help protect a dentist's income, but these insurance companies know how to put the words in their favor and not the doctors. This talk will focus on what to look for and avoid in a personal disability insurance contract, how to protect your practice, and answer any questions about a topic that is extremely important, yet rarely discussed.

**Saturday, March 16, 2019 4:30 PM - 6:30 PM**

**Luke Gheen, M.B.A., C.P.A., Certified Tax Coach; Mark Tuggle, Ph.D., C.O.O., V.P.**  
**Gheen & Co., C.P.A., L.L.C.**  
***Skip Your Next Tax Payment***



Luke is a long-time resident of Colorado with extensive corporate finance and accounting experience. He graduated with a Bachelor's degree in Business Administration from the University of Colorado in 1999, and received his MBA from the University of Colorado in 2007. Luke started Gheen & Co., CPA in 2010 to help business owners simplify their accounting, save substantial money in tax, and grow their wealth long-term. Luke is a member of the American Institute of Certified Public Accountants. He is an avid rower, enjoys reading, and regularly travels to the Finger Lakes region of upstate New York. He relishes spending time with his wife, three sons, daughter, and extended family.

Dr. Mark Tuggle has 25+ years of leadership experience focused on organizational and personal performance development. He excels at identifying organizational, systemic challenges and collaboratively devising and implementing measurable, successful solutions. He is an experienced learning facilitator and speaker. Mark's leadership background and experience in the military, non-profit, and for-profit business have helped him to maintain a results-oriented, actionable focus for clients. Mark leverages his organizational and leadership knowledge and experience to both lead the Gheen & Co. team and to serve as a resource to Gheen & Co. clients. Mark holds an earned PhD in Organizational Leadership with a Human Resource Development concentration.



This is what every self-employed dentist should know. Learn the same strategies used by Warren Buffet to reduce your taxes to 15% or less and how to tell if the entity you selected for your business is costing you thousands of dollars that you don't need to pay. We will discuss how taxes really work and how tax planning can save you money. You will leave this course with an explanation of various tax planning strategies, exit strategies, resources and next steps.

## W. Timothy Brooks, D.M.D., M.A.G.D., L.L.S.R.



Dr. Brooks is a graduate of the University of Tennessee, Knoxville where he earned his Bachelor of Science in Biomedical Engineering before receiving his DMD from the University of Alabama School of Dentistry. While in college, he was active in Tau Beta Pi and Gamma Beta Phi. Dr. Brooks is now very active in many organizations including the Academy of General Dentistry (Fellow of the AGD, Master of the AGD, AGD House of Delegates, Government Relations, Lifelong Learning & Serving), Alabama Academy of General Dentistry (Board of Directors, Public Information Officer, Treasurer, Officer rotation ending as President, ALAGD House of Delegates), American Dental Association, Alabama Dental Association (Silver Certificate, Most Excellent Fellow), Eighth District Dental Society (Officer Rotation ending as President, Secretary/Treasurer, ALDA House of Delegates), Huntsville/Madison County Dental Society (Officer Rotation ending as President) and the Dr. C. C. Bass Study Club (President). Dr. Brooks owns a private dental practice in Huntsville, Alabama and is licensed and certified with the Board of Dental Examiners of Alabama and Oral Conscious Sedation. Dr. Brooks participates with the Huntsville Free Dental Clinic & Donated Dental Services and is an Associate Fellow American Academy of Implant Dentistry. He is also a member of the Covenant Presbyterian Church in Huntsville, Alabama.

**Sunday, March 17, 2019 7:30 AM - 9:30 AM**

### ***Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care***

This program will help increase adherence with established infection prevention practices and provide an overview of the basic principles of infection prevention and control that form the basis for CDC recommendations for dental health care settings. It can be used to educate and train infection prevention coordinators, educators, consultants and other dental health care personnel (DHCP).

**Sunday, March 17, 2019 4:30 PM - 6:30 PM**

### ***Medical Emergencies in the Dental Office***

Your patients' well-being always comes first – this not only applies to oral health, but also to medical emergencies in your dental office. To make sure you and your dental team are ready for any health issues that may arise. Whether your patient has a seizure, allergic reaction or another instance that requires immediate care, this is your go-to for staff training. This course will help you prepare for, identify, and manage potential medical emergencies as they occur.

**Monday, March 18, 2019 7:30 AM - 9:30 AM**

**Curtis Colbert, Pharm. D.**

***New Federal and State Law Changes in Opioid Prescribing and Dispensing in 2019***



Curtis Colbert, PharmD has worked in independent pharmacy for over 20 years. He has successfully started and sold three independent pharmacies. As lead pharmacist, Curtis ran the day to day operations of a store that dispensed on average 1000 prescriptions per day. The store serviced group homes, assisted living facilities, local jails, and private individuals. Pharmacy legal laws and continuing education was at the forefront of his work. His expertise lead to consult work with other independent pharmacies and also as preceptor to the University of Tennessee and Union University Schools of Pharmacy. He is now the managing member of HC Management, a private company in Dyer County, Tennessee.

In this course, we will be reviewing how DEA classifies controlled substances and how to calculate a “Morphine Milligram Equivalent”. CMS 2019 new regulations to opioid dispensing through the Medicare Part D drug program and individual state law changes that may affect your prescribing habits will also be reviewed.

**Monday, March 18, 2019 4:30 PM - 6:30 PM**

**Gordon J. Christensen, D.D.S., M.S.D., Ph.D. via Video**

***Snoring and Sleep Apnea***



Gordon J. Christensen is Founder and CEO of Practical Clinical Courses (PCC) and Co-Founder and CEO for Clinicians Report Foundation (CR) and a practicing prosthodontist in Provo, Utah. PCC is an international continuing education organization that provides courses and videos for all dental professionals. CR offers unbiased research on thousands of dental products. Gordon's degrees include: DDS, University of Southern California; MSD, University of Washington; PhD, University of Denver; an Honorary Doctor of Science from Utah State University, and an honorary Doctor of Dental Education and Research from Utah Valley University. Early in his career, Gordon helped initiate the University of Kentucky and University of Colorado Dental Schools and taught at the University of Washington. Gordon is a Diplomate of the American Board of Prosthodontics, a Fellow and Diplomate in the International Congress of Oral Implantologists, a Fellow in the Academy of Osseointegration, American College of Dentists, International College of Dentists, American College of Prosthodontists, Academy of General Dentistry (Hon), Royal College of Surgeons of England and an Associate Fellow in the American Academy of Implant Dentistry. Some of his other memberships include: American Academy of Esthetic Dentistry; International Association of Dental Research; Academy of LDS Dentists; American Academy of Restorative Dentistry; American Academy of Fixed Prosthodontics; Academy of Operative Dentistry; and International College of Prosthodontists.

Is this subject really a dental/oral responsibility? In recent years, snoring and sleep apnea have become associated with dentistry and many dentists are finding some aspects of the topic fit well into busy general practices. It is estimated that at least 30 to 50 percent of the U.S. population snores. You may already know of potentially interested patients in your own practice. However, more serious than snoring is the potentially dangerous condition called Obstructive Sleep Apnea, (OSA) which is estimated to be present in varying levels of severity in 1 in 15 adults.